

# BUILD YOUR OWN WORMERY!

Follow these simple steps to create your own mini worm habitat and learn about how worms help the environment.

## What You'll Need:

- A clear plastic bottle or jar (2L bottles work well)
- Scissors (ask an adult for help!)
- Soil (from the garden)
- Sand (to create layers)
- Compost or leaf litter
- Worms (collected from the garden or compost bin)
- Leaves & small food scraps (banana peel, apple core, etc.)
- Spray bottle with water
- Dark paper or fabric (to cover the wormery)
- Elastic band or tape

## How to Build Your Wormery:

- 1** If using a plastic bottle, carefully cut off the top (about 5cm down). Rinse the bottle or jar with water and let it dry.
- 2** Add a layer of sand (about 2cm deep). Add a layer of soil (about 4-5cm). Repeat layers of sand and soil until the container is nearly full. Add some compost or leaf litter on top.
- 3** Add Worms & Food – Gently place worms into the wormery.  
Add small bits of food scraps (avoid citrus, onions, or dairy).  
Lightly mist with water to keep the soil damp (but not too wet!).
- 4** Cover & Observe – Wrap the sides with dark paper or fabric to block out light.  
Secure with an elastic band or tape. – Leave the top open or poke small holes to allow air in.

## Looking After Your Wormery:

- ✓ Keep it damp – Spray with water if the soil looks dry.
- ✓ Feed the worms – Add small food scraps every few days.
- ✓ Keep it dark – Worms like the dark, so keep it covered.
- ✓ Don't shake it – Worms need a stable home!
- ✓ Check their progress – Peek inside every few days to see the tunnels.



📌 After 2-3 weeks, gently release the worms into your garden or compost bin so they can continue their good work!